



# MPR Leg Holder

5371



## Instructions for Use



## Description

The MPR Leg Holder (5371)\* is a device used in diagnostic and surgical arthroscopy to stabilize the leg. It is designed to accommodate a wide range of limb sizes, while being compact and low-profile enough to allow for easy draping of the patient and provide excellent exposure for both anterior and posterior approaches.

The device consists of a stainless steel and aluminum frame which can swivel up to 180°, and an adjustable medial pad and removable lateral pad, both made of urethane.

MPR Orthopedics offers a variety of padding options, including foam and gel inserts, and covers for the medial and lateral pads (*sold separately, see ACCESSORIES*). The reusable foam inserts' durable close-cell composition allows for cleaning without absorbing moisture, while the gel inserts are easy to disinfect, and the single-use pads and covers are made from lightweight, comfort-maximizing materials.

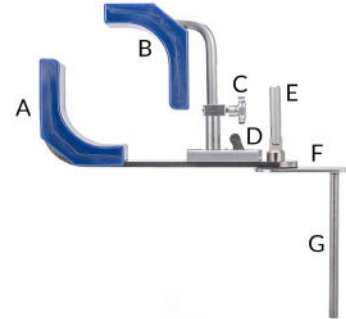
## Indications

For use during diagnostic and surgical arthroscopic procedures to support the leg.

## Cautions

- UNITED STATES FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A PHYSICIAN.
- This product is provided non-sterile and must be properly cleaned prior to use. Refer to the **CLEANING AND MAINTENANCE** section on page 3 of this document.
- Prior to use, examine the instrument for possible damage and to ensure proper functioning.
- A surgeon *should not* attempt clinical use of the MPR Leg Holder before reviewing these instructions for use.

## Components



A	Medial Pad
B	Lateral Pad
C	Lateral Pad Lock
D	Clamp Release Lever
E	Positioning Lock
F	Positioning Plate
G	Mounting Post

## Accessories

REF	Description
MPR8002	MPR Reusable Leg Holder Insert
MPR2500	MPR Gel Reusable Leg Holder Insert
10213	MPR Single-Use Pad Cover w/ Velcro Closure
3757	MPR Versatile Pad, Single Use
MPR-9371-40	Leg Holder Accessory Pad, Short
MPR-9371-50	Leg Holder Accessory Pad, Straight Lateral
MPR-CS	Stainless Steel Clark Socket
MPR-SRC	MPR Over Side Rail Clark Socket
MPR-CS-AIO	All-In-One Clark Socket
MPR-ORUC	MPR Over-the-Rail Universal Clamp

\*Not to be confused with the MPR Leg Holder (MPR-5500) (see ALSO AVAILABLE on page 4).

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## Instructions for Use

1. With the patient anesthetized and lying on the operating table in a supine position, apply a tourniquet to the patient's upper thigh if desired.
2. Attach pad covers if using, then insert the mounting rod of the leg holder assembly into the socket, and tighten the socket to secure the assembly to the table at the desired height.
8. Push the medial pad into the patient's leg until the desired clamping force is achieved. If over-tightened, reposition the medial pad and repeat.
9. To release patient, depress the clamp release lever and move the medial pad outwards. The lateral pad can also be removed if more space is needed.

### TO ADJUST ANGLE

3. To adjust the angle of the leg holder, turn the positioning lock counter-clockwise until the frame can swivel with little resistance.
4. Position the frame at the desired angle, then turn the positioning lock clockwise to secure.
5. Loosen the lateral pad lock and lift the lateral pad out. If using a foam or gel insert, place it in the frame.
6. Lower the patient's leg until it is seated in the leg holder, either against the medial pad or in the insert. If needed, adjust the position of the medial pad by pushing the clamp release lever, and sliding the pad in and/or out, then releasing the lever to secure.
7. Replace the lateral pad, and secure it at the desired height by tightening the lateral pad lock. If needed, the lateral pad may be angled to achieve a proper fit with the leg.

## Cleaning & Maintenance

### LEG HOLDER

The MPR Leg Holder can be draped during surgery; therefore no sterilization is required. Use the following recommendations for cleaning and decontaminating leg holders:

1. Preventing blood, saline, or other materials from drying on the device will make cleaning easier. *Do not* immerse the device for cleaning.
2. Wipe the device down thoroughly with a **10:1** bleach or quaternary ammonia solution, then rinse.
3. Apply surgical lubricant or instrument milk to the device if needed, then let dry.

### FOAM INSERTS & PAD COVERS

Dispose of single-use foam inserts and pad covers after use.

Wipe reusable foam inserts down after every use with a neutral detergent, then disinfect with a hospital- and/or EPA-approved germicide, and allow to dry completely before use or storage.

### GEL INSERTS

1. Wash gel inserts with a pH-neutral detergent or enzyme solution according to your facility's protocol. Rinse any residue off thoroughly with clean tap water.  
**NOTE:** To reduce risk of tears, avoid using abrasive materials when cleaning.
2. Store either rolled up or flat. Be mindful that the gel will match its storage temperature.

**⚠ Do not sterilize gel inserts. Keep away from high temperatures.**

## Warranty

MPR Orthopedics products are guaranteed to be free from defects in material and workmanship for the warranty period for a particular product, *beginning from date of invoice*. Contact MPR Orthopedics for specific warranty information.

This limited warranty is restricted to repair or replacement by MPR Orthopedics, at its option, of any product found to be defective during the warranty period. Damage inflicted on a product by the user that causes it to be unsuitable for refurbishment may result in additional charges, regardless of warranty status. All warranties apply to the original buyer *only*.

In no event shall MPR Orthopedics be liable for any anticipated profits, consequential damages, or loss of time incurred by the buyer with the purchase or use of any product.

**NO OTHER WARRANTY, EXPRESSED OR IMPLIED, IS GIVEN.**

**\*WARRANTY IS VALID FOR 1 YEAR**

## MPR Orthopedics Offers:

- Free trials on leg holders.
- Repair for non-working leg holders.
- Trade-ins for excess equipment.
- Single use pad covers.
- Single use and reusable foam inserts.
- Reusable gel inserts.
- Clark sockets.

## For Further Information

If further information on this product is required, please contact MPR Orthopedics Customer Service at 800.524.5194 in the United States, or your authorized representative, or visit the MPR Orthopedics website at [www.mprortho.com](http://www.mprortho.com).

## Also Available

REF	Description
5372	MPR Extended XL Leg Holder
10200MPR	MPR Instrument Makar Leg Holder
10200MPR-L	MPR Improved Original Leg Holder
10228	MPR Instrument Makar Low-Profile Leg Holder
MPR-5500	MPR Leg Holder
MPR250	MPR Arthroscopic Leg Holder
MPR233.061.000	MPR Orange Fin Leg Holder

**A stable, time-proven orthopedic product.**